

# Behind the Scenes

November 2023

Better Life Broadcasting Network  
PO Box 766, Grants Pass OR 97528  
BLBN.org 541-474-3089

*For I know the plans  
I have for you,  
declares the Lord,  
plans to prosper you  
and not to harm you,  
plans to give you a  
hope and a future.*

*Jeremiah 29:11*



## Changes Coming

*By Charlie Oliver*

I maintain a bit of a love-hate relationship with change. One change that continues to bother me involves mirrors. I love my father, but I still haven't gotten used to seeing his face and hairline when I look in the mirror. When did that happen?! Then there are the changes I see in my sons as they grow. It isn't always easy, but there is beauty in the journey, and I love how God is molding them.

Next spring will mark my five-year anniversary of serving with the team here at Better Life beginning in 2019. I look back and cannot help but marvel at all the changes experienced during this relatively short time frame. We've said goodbye to several of our wonderful staff members who felt God leading them in a new direction and welcomed others whom God called to serve here. We've tearfully seen supporters and friends laid to their rest, yet remain thankful for the hope and promise of our Savior's return.

Better Life also continues to grow as a ministry. It is almost unbelievable to consider that this ministry, which began over thirty years ago with a single transmitter in Rogue River now broadcasts on 15 tower sites throughout Oregon, Northern California, and Reno, Nevada, and extending further through relationships with other stations, cable and satellite companies, and via online streaming.

I am so thankful to be a part of Better Life Television, experiencing the change and growth that allows this Southern Oregon ministry to reach further into communities and homes with Christ-centered messages of hope and love that invite viewers to develop relationships with Jesus and His people.

We are able to do this because of you. Viewers just like you started

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### Important November Dates

**National “Men Make Dinner Day” on November 2**, is the perfect opportunity for a culinary adventure! It’s the one day when the kitchen becomes a place of bravery and perhaps a little chaos and mess as men step up to the stove. Just remember, even if the results are more laughter than five-star, it’s all in good fun and appreciation for the effort. Bon appétit!



**Daylight Saving Time ends Sunday , November 5** - cue the joyous dance of extra sleep! It’s that magical moment when we turn the clocks back and gift ourselves an extra hour of precious slumber. But let’s not forget the inevitable confusion as we wonder if our devices will adjust automatically or if we’ll be an hour early for everything. Regardless, it’s a day where our sleep-deprived souls finally catch a break - or at least an extra wink or two.

## Inspirational Musings

*By Jeanette Stark*

I have a dog and two cats. The cats are brother and sister. Maze is lazy and loves to hide under blankets or behind my couch cushion (pictured). Ricky loves to explore. He is a very vocal cat, always talking to me, always following me. He loves water! Ricky is also my ‘resident bug catcher’. Oh, how he loves to hunt and catch flying insects.

Depending on the time of year, I often have a couple of insects fly in the house when I walk through the front door. Flies are the worst. They are so irritating, almost like they taunt you with their buzzing and quick maneuvers.

Too bad everybody doesn’t have a Ricky. He is good. He is patient. And he almost always gets his bug.

On this particular day, Ricky was chasing a fly when his laser-focused attention led him onto my kitchen countertop. (He knows better 😊 ) I shooed him off and lost track of the fly.

A bit later as I was taking my dinner out of the oven, I noticed a chunk of what I can only guess was Ricky’s fur on my butter. Gross! “Ricky!” I said out loud as I tossed the rest of the butter in the garbage.

Ricky, my patient and skilled hunter, with his single-minded pursuit of a fly, led him to momentarily ignore boundaries which resulted in a small mishap: his fur ending up in my butter.

I’m always looking for the lesson in the experience. I think we can take this: in a Christian context, it is important to maintain self-control and stick to moral and ethical guidelines, even in pursuit of our goals or desires.



## Odds & Ends: Viewer Submission

### General Tso's Tofu

Originally Published November 2009

#### Ingredients:

1 pound extra-firm tofu	2 tablespoons apple juice
1 egg substitute	2 tablespoons apple vinegar
¾ cup cornstarch	Crushed red pepper to taste
6 chopped green onions	Vegetable oil for frying
2 tablespoons minced ginger	
2 tablespoons minced garlic	
1½ cup vegetable stock	
4 tablespoons Bragg's or low-sodium soy sauce	
2 tablespoons sugar or sweetener of choice	

#### Directions:

1. Rinse, drain, dry, and cut tofu into 1-inch chunks. You can freeze tofu the night before to make it more chicken-like, but not necessary.
2. Mix the egg replacer per instructions on the box and add an additional 3 tablespoons of water.
3. Dip tofu in prepared egg replacer and coat completely.
4. Into a zip lock bag, add cornstarch and tofu. Shake to coat completely. Watch that cornstarch doesn't clump.
5. Heat vegetable oil in pan and fry tofu pieces until golden brown. Drain and set aside.
6. Heat 1 tablespoon vegetable oil in nonstick pan on medium heat.
7. Add green onions, ginger, and garlic; cook for about 2 minutes. Be careful not to burn the garlic. Add vegetable stock, soy sauce, sugar, red pepper, vinegar, and apple juice.
8. Mix 2 tablespoons of water with 1 tablespoon cornstarch and pour into mixture stirring well.
9. Add fried tofu into the sauce and coat evenly.

#### Serving Suggestion:

Serve with steamed broccoli and your favorite rice.

## Reaching the World

Emails, Letters & Phone Calls

Dear Better Life,

In the YouTube videos, you bring peace and hope that we viewers can, in turn, share with others. I am deeply blessed by your stories of deliverance, your personal testimonies, and the authenticity of your love for the Lord, especially in the Bible verse you read aloud. May our Savior continue to bless all that you are doing to bring God's will--and His Word--into hearts across this country and the whole world.

-Roeland Park, Kansas

Dear Better Life,

Thanks for all you do for the cause of Christ. Your programs are a blessing. I appreciate the fact that Simple Truths Sabbath School is on Friday evening now.

-CG

[www.BetterLifeTV.tv](http://www.BetterLifeTV.tv)

Go to our website for a link to our YouTube channel to find your favorite programs to watch again or share.

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Better Life Television, and your faithful support has sustained it through the years. And I'm thankful to say that you too will get to experience some of these changes over the next few months as we launch new services that will make it easier to watch, share, and connect with Better Life Television. -CO

## Grace Hopper's Bug

By Christie Anderson

In the early 1980's, I had the opportunity to listen to Navy Rear Admiral Grace Hopper. She recounted a story of working on an electromechanical computer called Harvard Mark II. You may be aware that computers in the 1940s were nothing like the ones we enjoy today. The Mark II was 25 tons and required 4000 square feet of building to hold this behemoth computer.

On September 9, 1947, the Mark II computer was malfunctioning. When running a program, the computer kept making the same error. Grace and her colleagues began combing through this massive machine to find out why it wasn't working correctly. In a relay, Grace found a moth. She noted the reason for the glitch, "First actual case of bug being found," in the logbook and taped the offending moth to the page below her note.

Last month, we sprinkled clues about the upcoming fundraiser through the newsletter, a puzzle for you to solve. Like Grace and her colleagues, you were looking at what it could be. Did you notice a theme? There are more clues this month. **Take a closer look.**

**You are invited to the fundraiser gala on Thursday, November 9th, at 6:00 p.m. As part of our efforts to raise vital funds, we are hosting a silent auction with some very exclusive items. Please respond by November 3rd if you are attending by calling 541-474-3089.**

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In the Bible, self-control is considered a fruit of the Holy Spirit. Galatians 5:22-23 tells us the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

God's Holy Word encourages believers to exercise discipline and restraint in our actions and decisions. We are to use self-control. That is the power of choice that God gave us so freely. Our power. Our choice.

Ricky's momentary lapse serves as a reminder that even when pursuing what may seem important or desirable, we need to remain mindful of our values and principles. We must avoid crossing boundaries or engaging in unethical behavior. We must, at all times, exercise self-control to uphold God's standard. It's our duty.

**And he said to all,  
"If anyone would come after me,  
let him deny himself  
and take up his cross daily and follow me.  
For whoever would save his life will lose it,  
but whoever loses his life  
for my sake will save it.  
For what does it profit a man if he gains the  
whole world and loses or forfeits himself?"**  
Luke 9:23-25 ESV

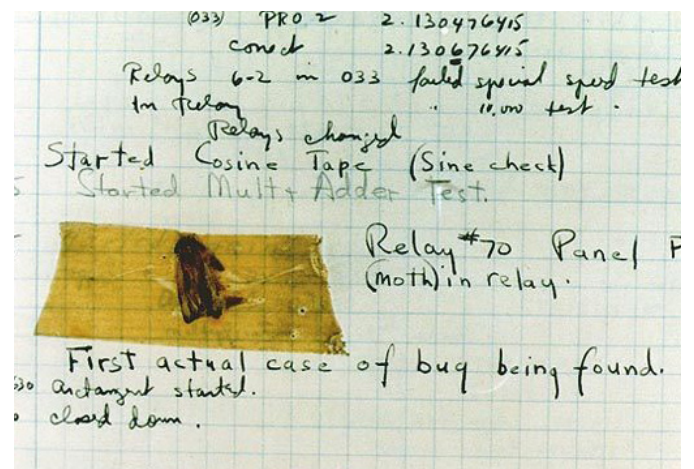


Photo Credit: Navy Public Domain

# Donations Made to Better Life



## In Memoriam

### Madison Jewell Baird

Floyd & Celeste Sweat, grandparents

### Dave & Arlean Bechtel

Ron Bechtel, son

### Gene & Gladys Burrell

Ron Bechtel

### Ken & Joyce Casper

Kenneth & Scharlotte Dubai

### Marta Davis

Ron Davis, husband  
Richard & Carol Rogers

### Don Derby

Mary Derby, wife

### Charles Dubai

Kenneth & Scharlotte Dubai, parents

### Ron Dubai

Kenneth & Scharlotte Dubai, parents

### Wanda Florea

Kimber Florea, daughter

### Marcella Harrom

Charleen Gerlic, daughter

### Anita Heisler

Bob Heisler, husband

### Jim Hitchcock

Lois Bookout, wife

### Rita Bjelland Lathim

Floyd & Celeste Sweat, parents

### Jerry & Zola Lewis

Tom & Vye Santos

### Edward Makovsky

Kim & John Getz, daughter

### Jim McHan

Donald Erb

### Olen Nations

Mary Nations, wife

### Don Oltman

Jeanne Oltman, wife

### Kenneth Smith

LolaMay Smith, wife

### Art Spenst

Charlene Spenst, wife

### Dominic Michael

### Springer

Andie Springer, mother

### Edgar (Ed) Thompson

Vida Thompson, wife

David Thompson, son

### Oral & Pearl Tucker

Ron Bechtel

### Bob Varney

Marianne Varney, wife

### Delmer Wagner

Evelyn Wagner, wife

Melvin & Alma Johnson

### Ken Ward

Donald Erb

### Dustin Weidman

Kimber Florea, mother

### Vern & Virginia Wells

Pam & Steve King, daughter

### Hans Calvin Wiggers

Robin Martin, grandmother

If you wish to make a donation in honor of, or in memory of an individual please call our office during regular business hours, or mail your donation to:

Better Life  
PO Box 766  
Grants Pass, OR 97528  
Phone: (541) 474-3089

*Note: It may take up to 2 months for names to appear in the newsletter.*

*Be thankful in all circumstances,  
for this is God's will  
for you who belong to Christ Jesus.*

*1 Thessalonians 5:18*

## CHANNEL GUIDE

### Dish Network & DirecTV

#### Ch. 30

Curry, Jackson, Josephine, Klamath, Lake & Siskiyou Co.'s

#### Ch. 36

Benton, Coos, Douglas & Lane Counties

ALSO watch via the internet using free apps for Roku, iOS and Apple TV

CITY	CABLE	ANTENNA
Ashland, OR	.....K25IM-D	.....22 .....30
Bandon, OR	.....KAMK-LD	.....21 ..... •
Brookings, OR	.....K16NK-D	.....22 .....30
Canyonville, OR	.....KAMK-LD	.....21 ..... •
Cave Junction, OR	.....K16NK-D	..... • .....30
Coos Bay, OR	.....KAMK-LD	.....21 ..... •
Corvallis, OR	.....KAMK-LD	.....12 ..... •
Crescent City, CA	.....K25NO-D	.....21 .....25
Eugene, OR	.....KAMK-LD	.....12 .....36
Gasquet, CA	.....K25NO-D	..... • .....25
Gold Beach, OR	.....KBLN-TV	.....22 ..... •
Grants Pass, OR	.....KBLN-TV	.....22 .....30
Klamath Falls, OR	.....K31NH-D	.....22 .....31
Medford, OR	.....K23EX-D	.....22 .....30
Merlin, OR	.....K33GJ-D	.....22 .....30
Mt. Shasta, CA	.....KBLN-TV	.....13 ..... •
Portland, OR	.....KEVE-LD	..... • .....31
Port Orford, OR	.....KBLN-TV	.....22 ..... •
Redding, CA	.....K33HH-D	..... • .....33
Reedsport, OR	.....KAMK-LD	.....21 ..... •
Reno, NV	.....KNRC-LD	..... • .....14
Rogue River, OR	.....K17EZ-D	.....22 .....30
Roseburg, OR	.....KTVC	.....21 .....36
Springfield, OR	.....KAMK-LD	.....12 .....36
Yreka, CA	.....K36NY-D	.....13 .....30

# Better Life TV Program Schedule

# November 2023

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Midnight	It's Coming	Coming Out	Country Wisdom	Bible Answers	Gospel Outreach		Praise!
12:30 AM	Secret Life of the Desert	Women in the Word	The Incredible Journey	Made for Health	Maranatha Mission Stories		Your Favorite by Request
1:00 AM	From Sickness to Health	3ABN Homecoming	Sancary, Sabatons & Our Savior	Mission Revival	Housecalls	Doug Batchelor	Daniel All Access
1:30 AM	David Klinedinst	Boots 'N Bibles	Authentic	Women in the Word	Better Life Today		
2:00 AM		Unlocking Bible Prophecy	Stories of Faith	Receiving in the World	Adventist World Radio	Catching the Light	Revelation Now
3:00 AM	Spotless	Evolution Impossible	The Whole Message	White Horse Media	Worship Hour: Special Series	Secret Life of the Desert	Revelation Insights
3:30 AM	The Seventh Day	When We Talk	Better Life on Tour	Nature Music	NEWSTART Now!	Multitude of Counselors	Ultimate Prescription
4:00 AM	The Carter Report	Impact Canvasback	Fountain View Music	GP Worship Hour	Voice of Prophecy	Maranatha Mission Stories	Amazing Facts Presents
5:00 AM	Amazing Adventures	Exercise Variety	Exercise Variety	Amazing Facts Presents	Animal Encounters	Contending for the Faith	Gospel Outreach
5:30 AM	3ABN Today	3ABN Today Live (repeat)	3ABN Today Live (repeat)	Exercise Variety	3ABN Today	Nature Music	Nature Music
6:00 AM	Your Favorites by Request	Bible Answers	Shelly Quinn Presents	3ABN Today	ASI Conventions	Exercise Variety	IIW Sabbath School
6:30 AM	It's In The Bible	Authentic Variety	It's In the Bible	3ABN Today		3ABN Today	3ABN Today
7:00 AM	GP Worship Hour	The Carter Report	The Seventh Day	Help! I'm a Parent	Nature Music	Optimize for Life	Bible Answers
8:00 AM	Simple Truths Sabbath School	Adventist World Radio	Variety	Fountainview Music	God's Last Message to the World	Cook :30	7:30 AM
8:30 AM	Ken Cox Ministries	Ken Cox Ministries	Secret Life of the Desert	Ken Cox Ministries	Ken Cox Ministries	Variety	8:00 AM
9:00 AM	Boots 'N Bibles	Off the Grid	Worship Hour: Special Series	Ken Cox Ministries	Ken Cox Ministries	Made for Health	8:30 AM
9:30 AM	Exercise Variety	Abundant Living	Ken Cox Ministries	Ken Cox Ministries	Ken Cox Ministries	Mission Revival	9:00 AM
10:00 AM	Better Life Today	Heaven's Point of View	Ken Cox Ministries	Ken Cox Ministries	Ken Cox Ministries	Secrets Unsealed	9:30 AM
10:30 AM	3ABN Today Live (repeat)	3ABN Today	Ken Cox Ministries	Ken Cox Ministries	Ken Cox Ministries	Secrets Unsealed	10:00 AM
1:00 PM	Catching The Light	The Whole Message	Evolution Impossible	Lineage	Jesus for Asia Now	Behold the Lamb Presents	10:30 AM
1:30 PM	Journey in Journals	Bible Buzz/Sing Along	The Incomparable Jesus	Better Life Today	Amazing Facts Presents	GP Worship Hour	11:00 AM
2:00 PM	Receiving the Word	Creation Case	Kids Time	Action 4 Life	Body & Spirit	Cook :30	7:30 AM
2:30 PM	Women in the Word	Nature Music	Kids Time Praise	Receiving the Word	Journey in Journals	Enjoy Healthy Eating	8:00 AM
3:00 PM	3ABN Sabbath School	Catching the Light	Secrets Unsealed	3ABN Today	3ABN Today	Variety	8:30 AM
3:30 PM	Worship Hour: Special Series	Unlocking Bible Prophecy	Country Wisdom	3ABN Today	Variety Hour	Mission Revival	9:00 AM
4:00 PM	Voice of Prophecy	Summer Camp Meeting	Gospel Outreach	Prophecy Unsealed	White Horse Media	Secrets Unsealed	9:30 AM
4:30 PM	Good News for Muslims	Stories of Faith	Behold the Lamb Presents	The Whole Message	Kids Time	Behold the Lamb Presents	10:00 AM
5:00 PM	Lineage	The Seventh Day	Better Life Today	Bible Gems/Creation Crafts	Kids Time Praise	Behold the Lamb Presents	10:30 AM
5:30 PM	Ken Cox Ministries	Ken Cox Ministries	Adventist World Radio	Kids Time Praise	Bible Answers	Behold the Lamb Presents	11:00 AM
6:00 PM	Better Life on Tour	Nature Music	Ken Cox Ministries	It's Coming	3ABN Today LIVE	Behold the Lamb Presents	11:30 AM
6:30 PM	Celebrating Life in Recovery	Mark Finley Presents	Ken Cox Ministries	3ABN Today	3ABN Today LIVE	Behold the Lamb Presents	11:30 AM
7:00 PM			Ken Cox Ministries	Prophecy Unsealed	3ABN Today LIVE	Behold the Lamb Presents	
7:30 PM			Ken Cox Ministries	Prophecy Unsealed	3ABN Today LIVE	Behold the Lamb Presents	
8:00 PM			Ken Cox Ministries	Prophecy Unsealed	3ABN Today LIVE	Behold the Lamb Presents	
8:30 PM			Ken Cox Ministries	Prophecy Unsealed	3ABN Today LIVE	Behold the Lamb Presents	
9:00 PM			Ken Cox Ministries	Prophecy Unsealed	3ABN Today LIVE	Behold the Lamb Presents	
9:30 PM			Ken Cox Ministries	Prophecy Unsealed	3ABN Today LIVE	Behold the Lamb Presents	
10:00 PM			Ken Cox Ministries	Prophecy Unsealed	3ABN Today LIVE	Behold the Lamb Presents	
10:30 PM			Ken Cox Ministries	Prophecy Unsealed	3ABN Today LIVE	Behold the Lamb Presents	
11:00 PM			Ken Cox Ministries	Prophecy Unsealed	3ABN Today LIVE	Behold the Lamb Presents	
11:30 PM			Ken Cox Ministries	Prophecy Unsealed	3ABN Today LIVE	Behold the Lamb Presents	

DVD copies are available for many programs. Please call (541) 474-3089 for more info.